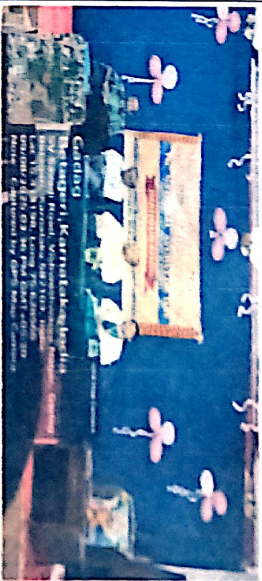

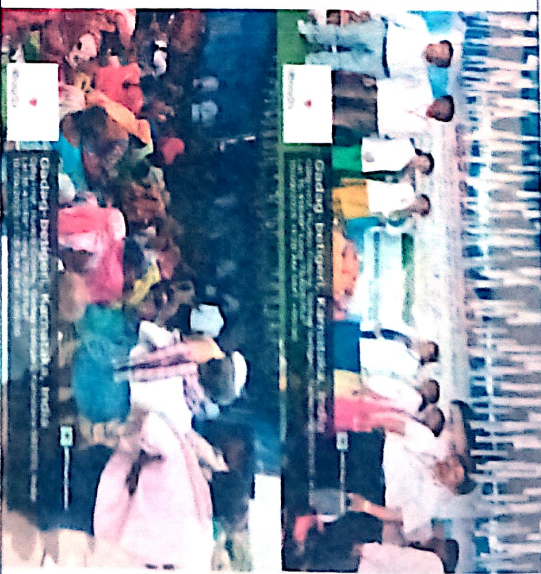
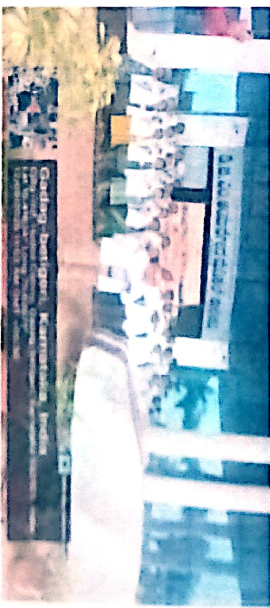



**JSVVS's**  
**SHRI. D. G. MELMALAGI. AYURVEDIC MEDICAL COLLEGE, HOSPITAL,**  
**POST GRADUATE STUDIES AND RESEARCH CENTRE, CADAC**

**10<sup>th</sup> National Ayurveda Day Activity Report**


**8<sup>th</sup> to 23<sup>rd</sup> September 2025**

Sl No	Activity	Date of event	Beneficiary	Summary of the activity	Photos
01	INAUGURATION FUNCTION	08/09/2025	166	10th National Ayurveda Day, Inauguration was organized on 08/09/2025. The program was preceded by Dr S. N Belavadi, principal, chief guest professor K H Belur, Nodal officer, Dr Sumai M A. All staff members and students and scholars attend the program.	 



02	Free Health Medical Camp	10/09/2025	200	<p>On the Occasion of 10<sup>th</sup> National Ayurveda Day, Our D G M College Conducted Free Health Medical Camp in front of New D C Office Gadag, Doctors from Different Department of DGM College like Panchakarma, Kayachikitsa, Shalya and Shalaky were Consulting the Patients and Free Ayurvedic Medicines Were given to the Patients according to their Complaints like for Gridrasi, Jwara, Shirashoola, Avabahuka, Karnashoola etc and total 200 patients got benefit from this Event.</p>	
03	pledge taking ceremony	12/09/2025	300	<p>On the occasion of the 10th National Ayurveda Day, a pledge taking ceremony was organized by D. G. M. Ayurvedic Medical College &amp; Hospital, Gadag on 12th September 2025. The event was graced by the presence of all the teaching faculty members, undergraduate and postgraduate scholars. At the beginning of the programme, Dr. Budesh Kanaj addressed the gathering and explained the significance of the 10th Ayurveda Day and the various programmes associated with it. Following this, Principal Dr. S. N. Belavadi led the pledge by reading it aloud, after which all the faculty members, UG and PG students collectively recited and took the pledge of Ayurveda with great enthusiasm and dedication. Dr. Yasmeen A. Phani and Professor Department of kayachikitsa briefly</p>	 



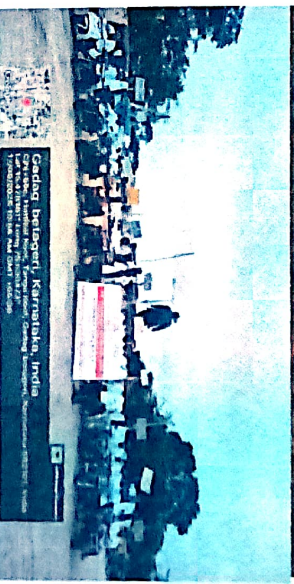

03	pledge taking ceremony	12/09/2025	300	<p>On the occasion of the 10th National Ayurveda Day, a pledge taking ceremony was organized by D. G. M. Ayurvedic Medical College &amp; Hospital, Gadag on 12th September 2025. The event was graced by the presence of all the teaching faculty members, undergraduate and postgraduate scholars. At the beginning of the programme, Dr. Budesh Kanaj addressed the gathering and explained the significance of the 10th Ayurveda Day and the various programmes associated with it. Following this, Principal Dr. S. N. Belavadi led the pledge by reading it aloud, after which all the faculty members, UG and PG students collectively recited and took the pledge of Ayurveda with great enthusiasm and dedication. Dr A. Phaniband Yasmeeen Professor Department of kayachikitsa briefly elaborated the various activities designed for UG PG scholars and faculty members like vedio making reels radio jingles etc. The ceremony concluded with a sense of pride and responsibility among the participants, reaffirming their commitment</p>	 
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			towards upholding and promoting the values of Ayurveda.	
04	Health Awareness Talk	11/09/2025	50	Health Awareness Talk – Gave talk on Ayurveda for People & Planet, Highlighted about Ayurvedic Diet and Regimen specially mentioned about obesity.
				



05	self zone	12/09/25	270	<p>On the event of 10<sup>th</sup> National Ayurveda Day self zone is inaugurated On 12 September 2025 at DGM AMC Gadag Karnataka. Zone was inaugurated by respected principal DR S N Belavadi sir in presence of event coordinator DR Sumai M A mam and programme coordinator DR Mamata. K All department HODs and all phase coordinators, teachers, all student , PG scholars, clinical staff and non clinical staffs are actively involved and taken self</p>	
					



06	Bike Rally	17-9-2025	50	<p>Bike Rally On the eve of the 10th National Ayurveda Day, D.G.M. Ayurvedic Medical College and Hospital, Gadag, organized a Bike Rally with the theme 'Ayurveda for People &amp; Planet'. The rally aimed to create awareness among the general public about the importance of Ayurveda in maintaining health and well-being, as well as its role in environmental sustainability.</p>	 
07	Wellness Talk on Yoga, Meditation and Pranayama	16th September 2025.	110	<p>On the occasion of the 10th National Ayurveda Day with the theme "Ayurveda for People and Planet", Shri D.G.M. Ayurveda Medical College, Gadag organized a Wellness Talk on Yoga, Meditation and Pranayama on 16th September 2025.</p> <p>The session was inaugurated by Dr. S. N. Belavadi, Principal, D.G.M. Ayurveda Medical College, Gadag, who delivered an insightful talk on the importance</p>	



				<p>of yoga, meditation, and pranayama in maintaining overall health and managing various diseases.</p> <p>The event was graced by Shri S. S. Hiremath, Principal, Shri Shivanand Certificate Course in Yoga Studies, and Dr. Sumai M. A., Nodal Officer, who added value to the program with their presence.</p> <p>The wellness talk witnessed active participation, and a total of 110 members from the public were benefited by this event.</p> <p>The program successfully highlighted the relevance of yoga and Ayurveda in promoting holistic well-being and healthy living.</p>	
08	State Level E-Poster Competition	20/ 09/ 2025	30	<p>On the eve of the 10th National Ayurveda Day, DGM Ayurveda Medical College &amp; Hospital, Gadag organized a State Level E-Poster Competition on the theme "Ayurveda and Veterinary Health."</p> <p>A total of 30 students from various parts of India, including Pune, Rajasthan, Hassan, Mysore, and other regions,</p>	

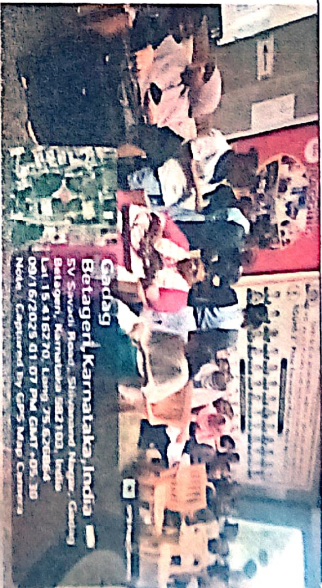
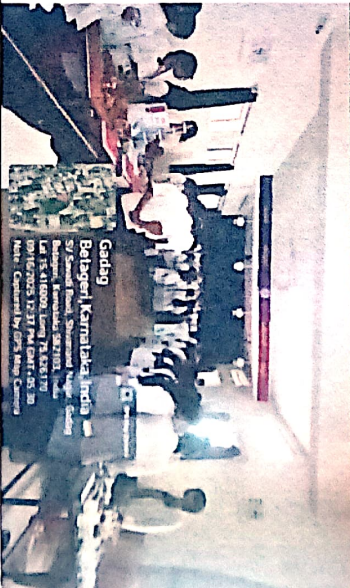
			<p>actively participated in the competition. The posters were presented with creativity and unique ideas, highlighting the role of Ayurveda in veterinary health.</p> <p>The event was graced by eminent resource persons — Dr. Jahangir Doddamani, HOD, Department of Surgery, Government Veterinary College, Gadag, and Dr. Kumar C, Professor, Department of Dravyaguna, DGMAMC, Gadag. Their expert insights enriched the program and it was coordinated by Dr. Sumai. M.A.</p> <p>The best three posters were awarded with cash prizes:  1st Prize: ₹3000  2nd Prize: ₹2000  3rd Prize: ₹1000</p> <p>The program was presided over by Dr. S. N. Belavadi, Principal, and Mrs. Sumai, Nodal Officer, who appreciated the participants and encouraged the integration of Ayurveda into veterinary health.</p> <p>The event concluded successfully with active participation and valuable</p>	 
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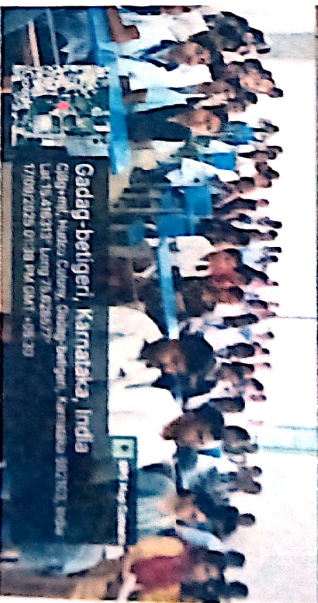
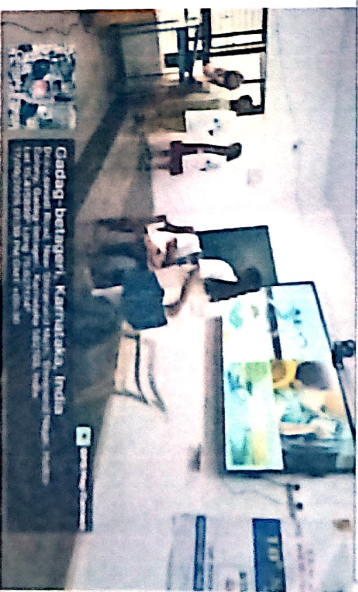


				<p>guidance from the experts, making it a memorable academic celebration on the occasion of the 10th National Ayurveda Day.</p>	
09	Ayur Exhibition/E xpo	16-09-2025 to 18-09-2025	638	<p>Ayur Exhibition/Expo event is organized by D.G.M Ayurvedic Medical College, Gadag. On the eve of 10<sup>th</sup> National Ayurved Day on 16-09-2025 to 18-09-2025 three days exhibition programme was organized.</p> <p>The event is inaugurated on 16-09-2025 at 10:30 AM in College yoga hall by Dr. R. R Joshi Retired professor as chief guest. Dr. Santosh N. Belavadi Principal as president of the event, Dr. Sumai M A as a nodal officer and Dr. D. G. Kolume as a coordinator of the event are presided on the dice.</p> <p>The event started with prayer song by Dr.Rajeshwari scholar of Rasashastra department. Keynote address given by Dr. Sumai M A nodal officer, about exhibition was explained by Dr. D.G. Kolume event coordinator and later chief guest speech by Dr. R. R Joshi Retired professor, explained about importance of exhibition in</p>	 

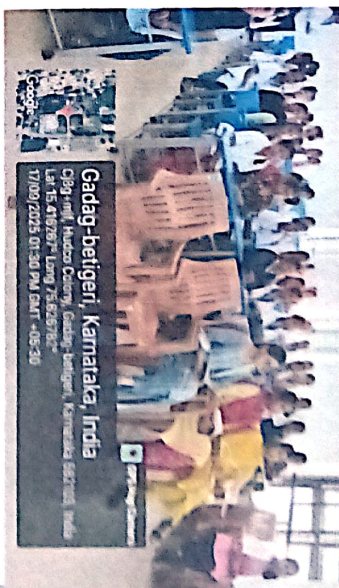
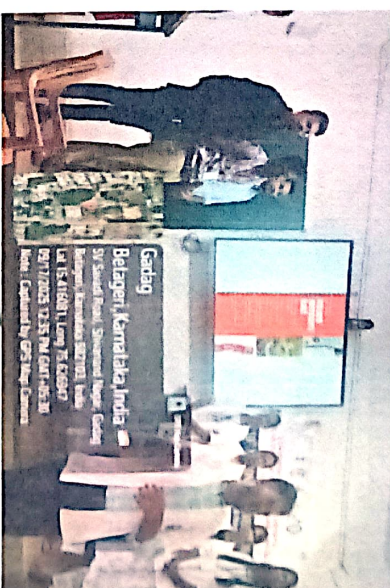
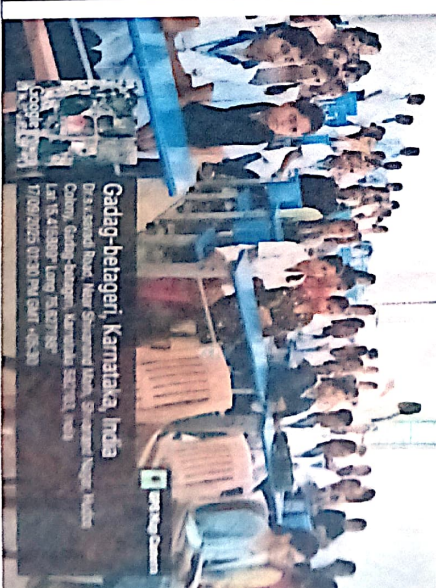
			<p>student life and also for common peoples. Presidential speech by Dr. Santosh N. Belavadi sir, in his speech explained about events planned for national ayurved day and also explained about importance of Ayurveda in day today's life. More than 600 students from different schools, colleges like Basaveshwar pharmacy college, Gouramma nursing college, Government P U College, Government high school visited the exhibition and get benefited from the event.</p> <p>The college organized an exhibition showcasing the creativity, innovation, and talent of students across various departments. The event featured models, projects, charts, artwork, and live demonstrations highlighting both academic and extracurricular skills. It provided a platform for students to present their ideas, interact with visitors, and gain valuable exposure. The exhibition was well-received by faculty, students, and guests, fostering an environment of learning, collaboration, and inspiration.</p>	
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				The whole exhibition team express their gratitude to the principal for providing the necessary things and making the event grand success	
10	College Outreach Program	16/09/2025 & 17/09/2025	300	<p>Various Colleges were invited for the outreach of Ayurveda by Exhibition, Storytelling etc Programs. Colleges invited are as follows:</p> <ol style="list-style-type: none"> <li>1. Basaveshwara Pharmacy College</li> <li>2. Guramma College of Nursing</li> <li>3. Basaveshwara Paramedical College</li> <li>4. Shivanand Pharmacy College</li> <li>5. Shivanand PU College</li> </ol>	 

11	Student Wellness Program 1 Story Telling	16/09/2025 & 17/09/2025	300	<p>Story Telling on Ayurveda Avataram.</p> <p>1<sup>st</sup> Phase BAMS students narrated story about what is Ayurveda, How it originated and also how the knowledge about Ayurveda was transferred from Brahma to the current generation. The event was held to educate the students of various fraternity. Students from the various colleges like</p> <ol style="list-style-type: none"> <li>1. Basaveshwara Pharmacy College</li> <li>2. Guramma College of Nursing</li> <li>3. Basaveshwara Paramedical College</li> <li>4. Shivanand Pharmacy College</li> <li>5. Shivanand PU College</li> </ol> <p>were invited and were educated.</p>	
12	Student Wellness Program 2 Story Telling	16/09/2025 & 17/09/2025	300	<p>Story Telling on Ayurveda Dinacharya.</p> <p>2<sup>nd</sup> Phase BAMS students narrated story about what is Ayurveda Dinacharya. What are the daily routine of the people now and the adverse health issues faced and how they can be corrected through Ayurveda by following the Dinacharya &amp; Ratricharya were explained in a creative story telling program. The event was held to educate the students of various fraternity.</p>	



			Students from the various colleges like 1.Basaveshwara Pharmacy College 2.Guramma College of Nursing 3.Basaveshwara Paramedical College 4.Shivanand Pharmacy College 5.Shivanand PU College were invited and were educated.		
13	Student Wellness Program 3 Combating Misleading Advertisements	16/09/2025 & 17/09/2025	300	<p>Skit on Combating Misleading Advertisements of Ayurveda.</p> <p>3<sup>rd</sup> Phase BAMS students performed a skit on how various companies are promoting their products by misusing the term “Ayurveda”. How they are promoting the products in a unscientific manner without explaining the possible risks and generalizing them. The students also explained about the side effects and adverse reactions they cause. They also educated about the various standards which the Ayurvedic product manufacturers have to follow &amp; what can be done if it caused the adverse effects.</p> <p>The event was held to educate the students of various fraternity. Students from the various colleges like</p>	 

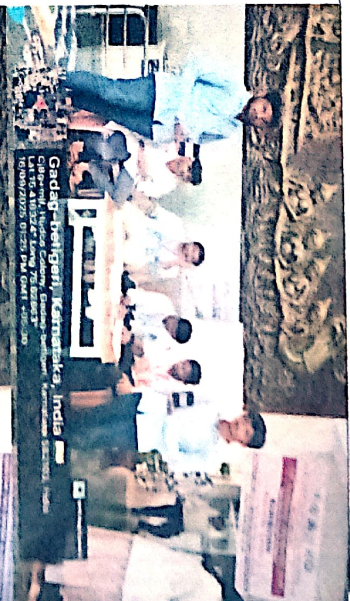


			<p>1. Basaveshwara Pharmacy College</p> <p>2. Guramma College of Nursing</p> <p>3. Basaveshwara Paramedical College</p> <p>4. Shivanand Pharmacy College</p> <p>5. Shivanand PU College</p> <p>were invited and were educated.</p>	
14	Workshop on Yoga, Meditation and Pranayama	16 September 2025	110	<p>On the occasion of the 10th National Ayurveda Day, with the theme "Ayurveda for People and Planet", Shri D.G.M. Ayurveda Medical College, Gadag organized a Workshop on Yoga, Meditation and Pranayama on 16th September 2025.</p> <p>The practical yoga sessions were conducted by Shri S. S. Hiremath, Principal, Shri Shivanand Certificate Course in Yoga Studies. He demonstrated the correct procedures, rules, and regulations to be followed during the practice of yoga, meditation, and pranayama, guiding the participants towards safe and effective practice.</p> <p>The event was graced by Dr. S. N. Belavadi, Principal, D.G.M. Ayurveda Medical College, Gadag, and Dr. Sumai M. A., Nodal Officer, whose presence</p>





					
16	Free Ayurveda health checkup camp	20/09/2025	60	<p><b>President.</b> 1. Dr. S.N. Belavadi. Principal of DGM.Ayu. Medical college Gadag 2. Dr. Chandrahass Vernekar. DCF(Social Forest Division) Gadag <b>Chief Guest</b> 3. Shri. Santosh Kenchappanavar. DCF (Social Forest Division)Gadag 4. Shri. Prakash Pavadigoudar. 5. Shri. Naman Naik RFO (Social Forest) Gadag</p> <p>More than 60 patients were benefited by the general health checkup and free medicines. Dr. D G Kouleme Dept. of Dravyaguna Dr. Bhoodesh Dept. of SW. Dr. Y. A . Phaniband . Professor of Dept. Of K C Dr.M.D. Samudri. HOD and Professor of Shalya tantra , Dr. Mamata Dept. of Shalaykaya tantra</p> <p>Dr. Pallavi Dept. of P K Dr.</p>	




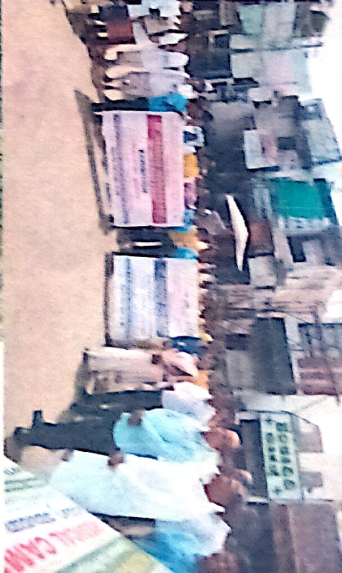

				Divyashri Dept. of Prasooti PG SCHOLARS and INTERNS were also participated in camp.	 
17	Prakruti Parikshana	16 and 17 September 2025	408	Prakruti Parikshana Forms the foundation of Ayurvedic preventive medicine and personalized healing, ensuring health management is suited to the Individuals Constitution. Prakruti Parikshana Carried bt Dr. Anupama Hiremath and Dr. Ashwini I Hinagannavar	
18	Information Education and Communication Programs for students and scholars	19/09/2025	100	On the occasion of 10th National Ayurveda Day nearly 10 events were conducted in which around 100 students and scholars participated and was judged by the respective Judges such as Podcast by Dr Shakuntala Garwad, Reels by Dr Yasmeen A Phaniband, Radio Jingles and Advertisement by Dr M D Samudri, Logo making by Dr	



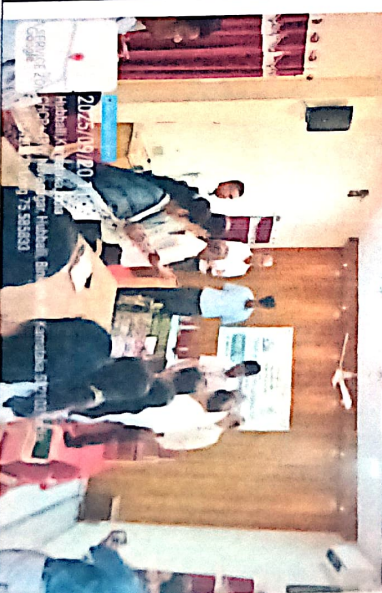
Veena Kori, Conceptual videos by Dr Shashidhar Emmi, Graphics and Templet making by Dr Anupama Hiremath, Print ads and misleading ads by Dr Mamtha Khatavkar.

The winners of different events are as follows- Reels 1st prize by Prashanth and 2nd by Khushboo and team, Conceptual Video 1st by Bhaskar and team and 2nd by Khushboo and team, Logo making 1st by Veena and 2nd by Khushboo and team, Graphics 1st by Rhitika R and 2nd by Bhaskar K V, Adds 1st by Dr Beulah and team 2nd by Leena.









19	Ayurveda Day Walkathon	22/09/2025	300	<p>Ayurveda Day Walkathon – Rally  Conducted on the occasion of 10<sup>th</sup> National Ayurveda Day at Gadag Town All Staff UG And PG Students were participated and Students walked with Ayurveda Quotations and Ayurveda Phrases</p>	  
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20	Health Awareness Talk	20/09/2025	50	Health Awareness Talk - Gave talk on Ayurveda for People & Planet, Highlighted about Ayurvedic Diet and Regimen specially talked life style disorder.	  
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21	Health Awareness Talk	23/09/2025	100	Health Awareness Talk – Gave talk on Ayurveda for People & Planet, Highlighted Ayurvedic Diet and Regimen especially in prevention of lifestyle disorder.	
22	Health Awareness Skit	20/09/2025	100	Health Awareness Skit – Skit was performed by UG Students regarding food born diseases and their prevention by Ayurvedic Principle	

				
23	Health Awareness Skit	22/09/2025	100	<p>Health Awareness Skit – Skit was performed by UG and PG Students regarding food born diseases and their prevention by Ayurvedic Principle</p> 

NBDAL OFFICER

*[Signature]*  
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 Asso Professor  
 Kayachikits Dept.  
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PRINCIPAL

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*[Signature]*